

**Gym Membership and Starbucks Card:** This pocket holds your gym membership which is valuable to students because some of the freshman 15. Students need to work out to make sure they don't gain unnecessary weight. It also has a Starbucks card because you are going to need good coffee to stay up and cram for finals.

**Stress Ball:** There is a stress ball in this pocket because one of the biggest causes of depression in college is being too stressed and having no way of getting rid of it. So the stress ball is there for whenever you need to relieve some of your stress when you can't scream or punch someone.

**Hangover Cure:** In the side pocket, there is a hangover cure that can help anyone get over their crazy night of drinking the next morning when you have a class at 9 AM. One of the top reasons college kids fail classes is because they go to a party the night before and are so hungover the next day that they miss or don't pay attention in class.

**Tea Bags:** In this zipper pocket, there are a bunch of tea bags because tea relieves stress and is just good for you. Tea is healthy for you and it is an alternative to drinking alcohol because you are just thirsty and bored. It helps with the freshman 15 because tea has no calories and it relaxes you, so you are not so stressed out all the time.

**Chocolate:** This zipper pocket has a bag of chocolate for when you are just having one of those days like a breakup, a bad test, or you just feel like snacking. The first real love and breakup of your life might just happen in college and that sends a lot of kids into a depression, but a way to help that is to accept the breakup and eat your feelings.

**Pill Container with pills:** Finally in this pocket, there is a container full of enough energy pills for one-semester if you take two every time you need them. This is to help you moderate the pills so that you don't either do too much or end up overdosing. These energy pills or the five-hour energy helps students stay up longer to make sure that they feel prepared for their exam the next morning.

**Nothing:** I didn't put anything in the big pocket because I want the person who buys this to put whatever they want in there, something that makes them feel like they are at home. A lot of college students become depressed because this is the first time being away from home for a long time and they actually miss their parents being up their butts all the time. So this pocket is meant to be full of things that bring you back to a simpler time when you had your parents with you and you didn't have to fend for yourself.



